

HORARIO COLECTIVAS

VERANO 2023

sopnu
Gym

HORA	LUNES	HORA	MARTES	HORA	MIERCOLES	HORA	JUEVES	HORA	VIERNES
9:30	LES MILLS BODYPUMP Sala 1	9:30	STAGES Sala Bike	9:30	LES MILLS BODYPUMP Sala 1	9:30	STAGES Sala Bike	9:30	LES MILLS BODYPUMP Sala 1
10:45	Spinning VIRTUAL Sala Bike	10:30	Pilates Sala 1 Spinning VIRTUAL Sala Bike	10:45	Espalda SANA Sala 1	10:30	Pilates Sala 1 Spinning VIRTUAL Sala Bike	10:45	Spinning VIRTUAL Sala Bike
18:30	LES MILLS BODYPUMP Sala 1 Spinning VIRTUAL Sala Bike	18:30	workout Sala 1 Spinning VIRTUAL Sala Bike	18:30	LES MILLS BODYPUMP Sala 1 Spinning VIRTUAL Sala Bike	18:30	workout Sala 1 Spinning VIRTUAL Sala Bike	18:30	LES MILLS BODYPUMP Sala 1
19:30	ZUMBA Sala 1 Spinning VIRTUAL Sala Bike	19:00	STAGES Sala Bike Pilates Sala 1	19:30	ZUMBA Sala 1 Spinning VIRTUAL Sala Bike	19:00	STAGES Sala Bike Pilates Sala 1	19:30	Spinning VIRTUAL Sala Bike
20:30	LES MILLS BODYPUMP Sala 1 Spinning VIRTUAL Sala Bike	20:30	Spinning VIRTUAL Sala Bike	20:30	LES MILLS BODYPUMP Sala 1 Spinning VIRTUAL Sala Bike	20:30	Spinning VIRTUAL Sala Bike		